

# Your annual flu shot event is here!

Schedule your free flu shot with no copay or deductible. Call the UA Plumbers Local 5 Health & Wellness center today.



[eversidehealth.com/plumberslocal5](https://eversidehealth.com/plumberslocal5)

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**Protect yourself and others from the flu this season. It's time to schedule your flu shot. It is recommended that everyone six months and older get an annual flu vaccine:**

**The Influenza vaccine:**

- Reduces flu illness, hospitalization and death in adults and children
- Is a preventive tool for people with chronic health conditions
- Protects pregnant women from flu illness and hospitalization (and protects the baby from flu infection for several months after birth, before they can be vaccinated)
- Can decrease illness severity
- NEVER gives you the flu (flu shots do not contain any live/active viruses)

Schedule an appointment, and get protected today! **240-436-2840**

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10236 Lake Arbor Way,  
Mitchellville, MD 20721

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